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Advancing International Conference on Population and Development (ICPD) and Millennium Development Goals (MDGs) in China

The United Nations Population Fund (UNFPA) has assisted China since 1979, playing a catalytic role in introducing quality standards for a voluntary reproductive health approach in China. As China's largest multilateral source of assistance for population and reproductive health, UNFPA supports the Chinese Government in fulfilling its commitments to ICPD and MDGs in the areas of population and development. ICPD was a watershed event that forged an international consensus on population and development. It shed new light on the linkages between reproductive health and rights and other aspects of development. 179 governments, including China’s, endorsed a 20-year Programme of Action (PoA), which focused on individuals’ needs and rights, rather than on achieving demographic targets. Concrete goals included providing universal education, reducing infant, child and maternal mortality rates, and ensuring universal access to reproductive health care by 2015, including family planning, assisted childbirth and prevention of sexually transmitted infections and HIV.

MDGs: At the Millennium Summit in 2000, 189 member states of the UN General Assembly adopted the Millennium Declaration, agreeing to the goal of reducing by half the number of people living in absolute poverty by 2015 through the achievement of MDGs. At the 2005 World Summit, the largest-ever gathering of world leaders reaffirmed the need to keep gender equality, HIV/AIDS and reproductive health at the top of the development agenda. Subsequently, additional targets, including universal access to reproductive health by 2015, and related indicators under MDGs in improving maternal health were added to the MDGs.

“The Millennium Development Goals, particularly the eradication of extreme poverty and hunger, cannot be achieved if questions of population and reproductive health are not squarely addressed. And that means stronger efforts to promote women’s rights, and greater investment in education and health, including reproductive health and family planning.”

Former UN Secretary-General Kofi Annan
Fifth Asian and Pacific Population Conference, 16 December 2002

The Chinese Government has been a strong supporter of MDGs. The China's Progress Towards the Millennium Development Goals 2010 Report revealed that “by 2015, China is likely to have fulfilled all of the MDGs”, but more attention must be paid to areas including gender equality, reproductive health and addressing regional and rural-urban disparities in the country.


The seventh country programme (CP7) covers the crucial five years from 2011-2015 in realizing the ICPD PoA and MDGs. Based on the United Nations Development Assistance Framework for China (UNDAF) 2011-2015, CP7 is aligned with national priorities of the 12th national five-year development plan and addresses the gaps that China faces in achieving ICPD and MDGs.

At the 15th anniversary of ICPD in 2009, UNFPA supported the National Bureau of Statistics (NBS) and China Population and Development Research Center (CPDRC) to conduct a joint review, aiming to identify the achievements and gaps in advancing ICPD goals adopted in 1994. The conclusions (see below) from the review report “China Population and Development Report 2009—From ICPD to MDGs at 15 Years (1994-2009)” captured the changing context for the new country programme in the next 5 years:

Achievements:

• “The spirit of ICPD has changed the road-map of Chinese population and development and has promoted national reform in the areas of population and family planning. Comprehensive, balanced and sustainable development has become the basis for the national development strategy and the concept of reproductive health has been increasingly integrated into family planning management and service. Compared with 15 years ago, China has witnessed enormous changes in population and national development.”

• “Over the 15 years since 1994, China has recorded remarkable progress in many areas including: tremendous achievements in poverty alleviation; improvements in the health and wellbeing of citizens, particularly women and children; promoting gender equality and equity through policies and laws; provision of quality family planning/ reproductive health services and prevention and treatment of STI and HIV.”

Challenges:

“China is currently in a special historical time with transitions in both population numbers and structures. China will face huge challenges in further attaining the ICPD and MDG goals including:

• An enormous pressure from the population on resources, environment and socio-economic development.

• The large gap between the current provision of basic public health services and society’s demands for education, health care including primary health care, social security and public employment services.

• Challenges regarding gender equality and equity with significant disparities between males and females in employment, income, health and participation in public policy formulation.

• Critical challenges in addressing disparities in reproductive health and rights among regions, urban and rural areas, and between different population groups.

• Sexual and reproductive health information, counseling and services for youths are inadequate, do not have institutional support.

• Gaps exist between the currently fertility policy in China and the reproductive wishes of the public in certain regions.

• China also needs to make significant progress to meet the prevailing international concept of reproductive rights.”
UNFPA approach: Integrating culture, gender, and human rights in its programming

In partnership with governments, along with other UN agencies, communities, NGOs, foundations and the private sector, UNFPA will support interventions:

**At the Policy level:** aimed at pushing for positive changes on the part of duty-bearers

**At the Local level:** pilot programmes designed to empower rights-holders to enable them to participate in decisions that affect their lives

**In areas of research and data use:** to inform and support policy advocacy and interventions by obtaining in-depth understanding of issues in the areas of population and development

**Focusing on the most vulnerable:** advocacy and programmes, where relevant, committed to realize the rights of the most vulnerable, including youth, migrants, women and the elderly, and people living with disabilities

Everyone has the right to enjoy reproductive health, which is a basis for having healthy children, intimate relationships and happy families.
Maternal and child health: remarkable overall achievements but regional and urban-rural disparities

Infant Mortality Rate in China, 1994-2008

Maternal Mortality Ratio by Regions and by Urban and Rural Areas, 2000 and 2008

Promoting linkages between reproductive health and HIV prevention

The prevention of HIV and STI is integrally linked to sexual and reproductive health. Responses to both health issues should be closely linked and mutually reinforcing. UNFPA strongly advocates for closer linkages between HIV/AIDS interventions and sexual and reproductive health care. With UNFPA support, the National Population and Family Planning Commission (NPFPC) developed the National Framework for Strengthening the Linkage between HIV Prevention and Reproductive Health and Family Planning Services. As sexual transmission has increasingly become a major driver of the HIV epidemic in China, the Framework will help to reach the general public, especially reproductive-age women, with messages on HIV prevention. The Framework capitalizes on the extensive reproductive health and family planning network at the community level and promotes integration of HIV prevention into routine family planning work.

HIV and sexually transmitted infections

Data released by UNAIDS and the Ministry of Health before World AIDS Day 2009 showed the following:

• Overall HIV prevalence in China remains low – estimated at 0.05 per cent of the total population – but with pockets of high infection among specific sub-populations and in some localities.
• By the end of 2009, 740,000 adults and children were estimated to be living with HIV; 60% of which were not aware of their HIV infection status.
• It is estimated that there are 48,000 new infections take place in 2009, and 75% of them were transmitted through sexual contacts.
• Over the past three years, HIV cases among students have been increasing. The percentage of total HIV positive cases who are students aged 20-24 has gone up from 20.3% to 39.8%.
• It is estimated that 20% of migrant workers have visited sex workers, and condom use is relatively low.
• The prevalence rates of STIs and HIV have been rising hand in hand. Although the history of STIs is much longer than that of the HIV epidemic in China, public awareness of STIs has been lagging behind due to weaker communication and education efforts.

Taking cultural factors into consideration

In 2009, the Central University of Nationalities in Beijing, with UNFPA support, conducted a revealing study on the traditional beliefs and practices of six ethnic groups related to maternal and child health (MCH). Those ethnic minorities were the Miao, Dong, Dai, Jingpo, Hui and Tibetans in Guizhou, Yunnan, Qinghai and Tibet. The findings provided insights for the design of culturally appropriate interventions to improve the health of mothers and children in ethnic communities. This study also marked the beginning of an increased focus on culturally sensitive approaches in UNFPA-supported interventions in China. This study is part of the UN Joint Programme under the China Culture and Development Partnership Framework, supported by the Spanish MDG Fund. The project, as well as the culturally sensitive approach, will continue in CPT.

Monitoring Universal Access to Reproductive Health: National Indicator Framework on MDG Target 5 (MDG5B)

UNFPA, together with WHO, supported a significant collaboration with the Chinese Ministry of Health to develop a national indicator framework on MDG5B “achieving universal access to reproductive health by 2015”. Undertaken by Peking University and Women and Children’s Health Center under the Ministry of Health, the study has led to the establishment of a set of national indicators to measure all aspects of reproductive health in 2009. This framework follows the global indicator framework jointly developed by WHO and UNFPA, aimed at defining the target of “universal access to reproductive health” and the framework is likely to be utilized by relevant ministries in mapping out sectoral strategic plans.
Unmet sexual and reproductive health needs of young people

According to the World’s Youth Data Sheet published by the Population Reference Bureau, in 2006 China had an estimated 319.9 million young people aged between 10 and 24. China’s share of this age group accounts for 18% of the 1.8 billion young people in the world. Regionally, Asia is home to 61% of the world’s population of young people, with China accounting for almost one third of that. Despite the large number of young people in China, family planning services have traditionally focused on married couples. As a result, the sexual and reproductive health needs of young unmarried people, especially youth aged between 15 and 24, remain largely unmet in many areas in China.

With support from UNFPA and the National Working Committee on Children and Women (NWCCW) under the State Council, Peking University conducted the first national survey on access and utilization of sexual and reproductive health services by youth aged 15-24. Preliminary findings from this survey showed that:
• About 60% of unmarried youth are open to having sex before marriage.
• 22.4% of youth aged 15-24 have had sex, and 9.4% of those aged 15-19 have had sex. More than half of them did not use any contraceptive methods for their first sexual intercourse.
• Amongst female youth who have had sex, 20% of them had unplanned pregnancies, and 91% resorted to abortion.
• About 60% of the needs for counseling and more than 50% of the needs for services in reproductive health are not met, mostly due to people “feeling embarrassed” or “not serious”.
• Only 4.4% of the youth were well-informed about reproductive health and 14.4% of them had correct HIV prevention knowledge.

Population policy and family planning

In the past programme cycles, UNFPA focused on introducing client-centered voluntary family planning approach and quality of care through working with county level family planning commissions. In the 30 counties with UNFPA assistance since 2003, strong evidences have shown declined maternal deaths, increased births with skilled attendance, and changed choices of modern contraceptive methods. The government of China is scaling up the approach in some other counties.

Following the catalytic role UNFPA has played in promoting the voluntary family planning approach at the county level, the focus of CP7 will shift to policy advocacy at a higher level. Working with provincial family planning policy makers, UNFPA will support revisions of family planning regulations in line with the ICPD Programme of Action. Interventions will be also developed to address the needs and reproductive health rights of specific vulnerable groups such as unmarried youth and migrants.

Promoting sustainable development through utilization of population data and research
Informing policy makers on sexual and reproductive health services for migrants

In 2009, UNFPA China supported Renmin University and the National Population and Family Planning Commission (NPFPC) to conduct research into migrants’ access to sexual and reproductive health services. This research informed national and local authorities on measures to improve access to sexual and reproductive health services for migrants. Key findings included:

- The scale of migration from rural to urban areas has increased rapidly over the last two decades. In 2008, there were 201 million internal migrants in China.
- The number of female migrants is rapidly increasing. In 2008, there were 112.52 million female migrants, an increase of 30 times in the past 20 years.
- Nearly one-third of migrant women never received any ante-natal checkups, and gave birth at home. Only 29% of migrants can give correct answers to questions related to the mode of HIV transmission, and only 60% can receive contraceptive measures free of charge at destinations with a “Marriage and Fertility Certificate”.
- Unmarried youth migrants and migrants living in rural areas have less access to reproductive health services.

Pioneering innovations to improve health services to youth migrants

In collaboration with WHO, ILO, UNFPA and city-level institutions under the Ministry of Health, youth migrants are receiving health promotion materials and counseling through newly established “youth-migrant-friendly service stations” in selected areas. Peer education by youth migrants to deliver health information and life-skills messages is being explored.

Ageing

In 1999, people aged 60 and above accounted for more than 10% of the Chinese population, while those aged 65 years and above accounted for 7%, marking the beginning of an ageing society for China. According to China Statistical Abstract 2009, by the end of 2008, China was home to 159 million people 60 years or above, representing 12% of the total population. The percentage of people aged 65 and above will be 30% or so by 2050.

The laws and regulations related to ageing need to be improved, to better safeguard the rights of older people.

Urbanization and migration

More than half of China’s population will live in cities during the 12th national five-year development plan period (2011-2015). A key priority during the next five years will be to promote household registration of rural-urban migrants and improve vulnerable groups’ access to social services.

In 2009, UNFPA China started working with the National Development and Reform Commission (NDRC) on urbanization, aiming to develop a healthy urbanization roadmap for China. The work will continue during CP7. Pilot programmes will be developed, aimed at improving the provision of essential public services in education, health, social security, social assistance, employment and housing, to affected groups.

Climate Change

China, like other countries in the world, is concerned by climate change and its impact on people. UNFPA China has started to discuss strategies with its national partners to respond to climate change challenges in its upcoming 7th country programme for 2011-2015. Through working with leading universities and research institutions in China, UNFPA will assist cutting edge research to understand the relationship between climate change and population dynamics. Findings will lead to further evidence-based policy recommendations for integrated mitigation and adaptation strategies taking into account interactions between development, population and environment.

The social security system needs to be strengthened. Some groups of urban elderly have limited social security and face economic difficulties, some rural elderly still live in poverty, and the function of families in caring for the elderly is weakening.

UNFPA will be committed to assist the capacity building of national policymakers to address the challenges associated with an increasing ageing population, and support active and healthy ageing.
Sex ratio at birth (SRB)

As a result of persistence in the tradition of son preference, the availability of technology for sex identification, sex selection in child-bearing, and rapidly declining fertility, the rising and abnormally skewed sex ratio at birth has become a major demographic challenge in China.

Consequences of sex ratio imbalance:
• imbalance of sex structure of a population
• population ageing
• rise in sexual violence, adduction and trafficking of women and girls.

UNFPA will support the national government to:
• Collect data and conduct in-depth research related to the issue, which can help to identify implementation strategies to reverse the trend
• Challenge gender stereotypes through awareness raising campaigns to promote gender equality and equity from the human rights based approach
• Ensure sexual and reproductive health (SRH) policy and services delivery address issue of SRB imbalance in terms of information.

Combating violence against women (VAW)

Every day, women and girls are subject to domestic violence, exploitation, sexual violence, trafficking, harmful traditional practices, including girl child abandonment or infanticide, and other forms of violence against their bodies, minds and human dignity. Violence against women is a major public health concern and a serious violation of basic human rights that constitutes a life-long threat for hundreds of millions of girls and women worldwide.

According to WHO’s Multi-country Study on Women’s Health and Domestic Violence against Women 2005, in most countries, more than 25% of women have been physically or sexually assaulted at least once since the age of 15 years. In China, there is no official data on the prevalence and nature of domestic violence; however small scale studies indicate that the situation in China is similar to that of the rest of the world. Many people still regard the issue as a private matter rather than a social issue, let alone as a human rights issue that violates the rights and dignity of women. There is no national legislation specialized in combating gender violence as yet, despite some provincial level policies and regulations. Existing laws need to be amended to adequately address sexual violence, psychological abuse, or financial exploitation.

UNFPA will support research to inform effective campaigns that challenge gender stereotypes and empower men and women to combat gender-based violence. UNFPA will assist national partners in strengthening multi-sectoral mechanisms to respond to VAW. Male involvement will be greatly encouraged as partners and agents of positive change in the drive to end violence against women.

Promoting gender equality

Gender equality and women’s empowerment is one of the eight MDGs. Gender equality is also a driver for achieving all of the MDGs.

Source: China Population Censuses and One Percent Population Sample Survey

*Sex ratio at birth (SRB) refers to the number of male live births per 100 female live births.
Humanitarian response

Together with its partners, UNFPA has gathered experiences in protecting reproductive health rights in emergency situations and providing psychosocial support to communities affected in emergencies in China, especially after the catastrophic earthquakes in Wenchuan, Sichuan in 2008 and in Yushu, Qinghai in 2010. Such experiences will enable UNFPA to mobilize support and take actions rapidly when the needs arise. UNFPA will also continue to advocate for the inclusion of reproductive health elements and community-based psychosocial support in the National Emergency Preparedness Plan.

South-South and triangular cooperation

UNFPA remains committed to promoting the effective exchange of China’s experiences in the area of population and development with other countries to foster mutual learning and enhanced participation of China in the global development agenda. Based on the solid foundation in South-South cooperation that UNFPA has supported through its previous assistances in China, UNFPA will enhance institutional capacity of national partners to engage more actively and effectively in South-South and South-North-South cooperation in population and development areas. The strategic partnership with leading Chinese institutions in international development assistance will be strengthened.
Financial resource allocation (in millions of US$)

Total of UNFPA assistance in China for CP7 will be US$22 million. UNFPA will initiate engagement with the private sector in its endeavours to achieve the overall goals set for CP7.

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<td>Population and development</td>
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<tr>
<td>Programme coordination and assistance</td>
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<td><strong>Total</strong></td>
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UNFPA Mission

UNFPA, the United Nations Population Fund, is an international development agency that promotes the right of every woman, man and child to enjoy a life of health and equal opportunity. UNFPA supports countries in using population data for policies and programmes to reduce poverty and to ensure that every pregnancy is wanted, every birth is safe, every young person is free of HIV/AIDS, and every girl and woman is treated with dignity and respect.

UNFPA - because everyone counts